



HEALING STARTS NOW: Providing Futures for Children in the Face of Addiction DONATE TODAY!



We are the National Association for Children of Addiction – NACoA.
Our mission is to eliminate the adverse impact of alcohol and drug misuse on children and families. We envision a world in which no child who struggles because of family addiction will be left unsupported.

IMPACT ON CHILDREN



PHYSICAL HEALTH

Higher Likelihood of Cancer, Heart Disease, Immune Disorder
May Have Fetal Alcohol Syndrome Disorder (FASD), if prenatal exposure
Higher Risk of Developing Addiction
Higher Chance of Developing Psoriasis, Arthritis, Crohn's Disease

MENTAL HEALTH

Elevated Stress Levels Predicts Anxiety and Depression in Adolescence
More Likely to Develop PTSD and Suffer from Panic Attacks
Emotional Development May Be Impaired
Taught to Live By 3 Unspoken Rules: "Don't Talk. Don't Feel. Don't Trust."
Tends to live in a Hypervigilant Manner



SOCIAL AND BEHAVIORAL DEVELOPMENT

Relationship and Communication Problems
Social Anxiety and Attachment Issues
Often perfectionistic, people-pleasers, attention-seekers, or responsibility-avoiders
Lower Attendance in Schools
More Likely to be Involved with the Juvenile Justice System
Higher Impulsivity and Lower Emotional Regulation

But It Doesn't Have to be That Way!
Help Us Bring Hope and Help
to Children!

Visit Our YouTube!
NACOA.ORG

